

JMS Ski/Snowboard Trips 2017

Information for parents AND students

Leaving: From JMS at 7:20 am

Returning: To JMS around 5:00 pm

*****THE PERMISSION SLIP AT THE END OF THIS FORM MUST BE FILLED OUT AND RETURNED OR YOU WILL NOT BE ABLE TO ATTEND THE TRIP.**

RENTALS

- **If you are renting equipment**, bring back rental slip by the Friday before the trip (to Mr. Colchamiro). Make sure you fill it out completely and get it signed by a parent.

LEAVING / RETURNING

- Parents: Please do not park in the JMS circular driveway at any time! The buses will not be able to enter if cars are present.
- **The bus will be leaving promptly at 7:20 am from JMS.** If you are not there, you will miss the trip and will not get a refund. We have to leave this early to be on time for lessons. We will be leaving the mountain at 3:30 pm and returning to JMS around 5 pm.
- We will be leaving the mountain at 3:30 pm. If you are renting equipment, you should begin to return your equipment at 3 pm. If you have your own gear, you can wait until 3:10. Do not come in later than 3:10 pm because you will have to get in the bus and ride back to Walpole in all of your skiing/snowboarding clothes.

CHAPERONES

- There will be a chaperone table so you will know where to find us at all times. **At least one chaperone will be sitting inside at the chaperone table at all times to assist students.** If you have any questions, problems, or someone does not feel well or gets injured, please talk to the chaperone. **If you know of someone who was injured, tell a chaperone immediately!**

SKIING / RIDING INFORMATION

- You must always ski/ride in groups of two or more. No one is allowed to ski/ride alone. **You should find people who are the same ability to ski or ride with.** If you have friends who are better than you, they may not want to wait for you. If you have lost your group, wait at the bottom of the trail for them (near the lift), find another group, or come into the lodge and find people in our area of the lodge to go with. Students might not be skiing/riding with teachers/chaperones during the day, but will always be able to locate chaperones in the lodge. **All trails at Wachusett lead directly to the lodge.**
- You should not be on any trail that you are not capable of skiing/riding. If your friends ask you to go with them and you cannot handle the trail, take off your skis or board and **walk** down.
- **If you are a beginner or intermediate**, you should not go to the top of the mountain with your friends. Start on one of the easier trails and lower chairlifts. If you find that you can ski/ride those trails, then it's ok to go to the next hardest trail. The beginner chairlift is on the left, intermediate on the right, and the expert chairlift is in the middle.
- The Terrain Park is an expert-rated trail. It includes jumps, rails, and other features. **Do not go in the park if you do not have experience in a park before – it is not a place for beginners or intermediates.** Helmets are strongly suggested for all skiers and snowboarders going in the park. Additionally, wrist guards can be helpful in preventing wrist injuries to snowboarders. **There is a \$5 charge to buy a season's pass to the park and you also have to watch a safety video.** If you go to the Wachusett website, you can purchase the

pass online and save yourself some time or you can purchase it at the entrance to the snowboard park. You will also have to watch a safety video. There might be an intermediate park on a different trail that does not require the purchase of a pass.

- **Helmets are strongly suggested for everyone, especially for beginners.** Wrist guards can be helpful to snowboarders in preventing wrist injuries for snowboarders. You can buy snowboard-specific wrist guards (at the mountain shop or elsewhere). The mountain does not rent wrist guards. Make sure the wrist guards fit under your gloves.
- Helmet rentals are \$6; lessons are an additional \$15 (if you did not sign up for them). You may also upgrade your beginner lift ticket to an all-mountain lift ticket for an additional cost (about \$7). If you want to add any of these to your trip, please bring payment to Mr. Colchamiro before the trip (or you can upgrade after your lesson is over, at noon).

FOOD

- You should either bring lunch and snacks or bring money for lunch and snacks. You should bring about \$20 for food if you are planning on buying lunch and snacks. You will probably have extra money. We will be meeting for lunch around 12 pm as a group, but you do not have to come in at that time if you are not hungry.

GENERAL INFORMATION

- All your gear (not including skis, poles, or boards) should be in one bag that you can leave in the cafeteria area. It is usually a safe place, but there are no guarantees. There are lockers for rent. Bring a couple of dollars in quarters if you are planning to use the lockers. You can share lockers with friends. Every time you open the locker, you need to pay the full price to lock it again. There is a change machine, but it does not always work.
- You should arrive at the bus in your skiing/riding clothes. If you come in your street clothes, you will have to change when we arrive at Wachusett and may miss starting with the rest of the group. This is especially important if you are taking a lesson because the lessons have specific starting times. Bring a change of clothes to change into after the trip for the ride home in case your clothes get wet. You may want to bring extra gloves in case your first pair gets wet. Labeling clothes is a good idea. There is a shop where you can buy hand warmers, gear, and souvenirs.
- You may bring electronics with headphones and cell phones on the bus. Nothing valuable should be left on the bus while we are at the mountain. You can put electronics and other valuables in lockers at the mountain (lockers can be shared) or leave them in your bag. Music players and headphones may not be used while skiing/riding. Bring valuables at your own risk.
- You must be on your best behavior. All usual JMS school rules apply and the Code of Conduct will be followed. Students with poor school conduct will not be allowed to sign up for trips. If a student has poor conduct after registering for a ski/snowboard trip, the privilege to attend the trip may be revoked, with no refund given. Any student who is seen skiing/riding recklessly will have their lift ticket revoked by the ski patrol without refund and will have to sit in the lodge. The mountain wants their skiers/riders to have a safe and fun day.
- Dress warmly. This includes warm socks, snow pants, long underwear (sweatpants or flannel pjs are ok, although synthetic materials or wool are better), sweatshirt, jacket, and gloves. You should bring an extra pair of gloves and clothes to change in to for the ride home. Wool or synthetic clothes (fleece and Under Armor) insulate the best and outer clothes should be as waterproof as possible. Clothes should be in a backpack or bag. If it is very cold, students should be aware of frostbite and go into the lodge to warm up during the day if necessary. Label your clothing with your name.

Parent/Guardian and student must sign this slip and return it to Mr. Colchamiro.

I give my child permission to attend the Johnson Middle School ski trips this school year.

We have reviewed the rules of the field trip together.

Student Name _____

Student Signature _____

Parent/Guardian Signature _____

Date _____